



Learn how to  
connect and  
communicate  
with your teen  
to promote  
sexual health.



P.O. Box 162306, Austin, TX 78716  
1-800-892-9484  
[www.medinstitute.org](http://www.medinstitute.org)  
[www.buildingfamilyconnections.org](http://www.buildingfamilyconnections.org)  
Want to know if you or your loved one should be  
tested for STDs?  
Find out at [www.STDWizard.org](http://www.STDWizard.org)

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Building Family  
**Connections**

Teens who **grow up**  
feeling **connected** to  
effective parents **do better**

The **Building Family Connections** program helps caring adults connect with teens.



In this course you will learn:

- Effective parenting skills
- How to communicate and connect with your teen
- Sexual health information
- How to promote abstinence



Teens who **grow up feeling connected** to effective parents **do better**

**Connected Teens:**

- Do better in school
- Build healthier relationships
- Stay away from drugs, alcohol, and crime
- Wait to have sex

Want to Sharpen Your Connections with Teens?

Want to learn new parenting styles that work?

Learn the importance of providing love, opportunity, and supervision

Having trouble talking with your teen?

Learn how to connect and communicate with teens

Need information about sexual health?

Learn the facts about teen sex and the importance of abstinence

Does your teen have healthy decision making skills?

Learn to teach your teens how to make healthy decisions.